

Lunch orders must be placed through Lunch Direct by Wednesday for the following week.

MARCH 2019

MONTESSORI HOUSE

Lunches Provided By:
Roadrunner Foods
(p) 281-565-7902
(f) 281-565-7904
RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday

4

Teriyaki Chicken Fried Rice w/ Mixed Veggies
Organic Steamed Edamame
Wheat Roll
Organic Seasonal Fresh Fruit
V: Teriyaki Fried Rice w/ Veggie "Chicken"

5

Penne Pasta w/ Beef Bolognese
Organic Sweet Peas
Wheat Roll
Organic Seasonal Fresh Fruit
V: Penne Pasta w/ Marinara Sauce

6

Chicken & Cheese Quesadilla
Spanish Rice
Refried Beans
Organic Seasonal Fresh Fruit
V: Cheese Quesadilla

7

Parmesan Crusted Tilapia
Loaded Mashed Potatoes
Organic Green Beans
Organic Seasonal Fresh Fruit
V: Grilled Cheese

1

Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

8

Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

FULL DAY ONLY ATTEND

11

Buttermilk Pancakes w/ Jelly
Hash Browns w/ Organic Diced Bell Peppers
Turkey Sausage
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

FULL DAY ONLY ATTEND

12

Oven Baked Chicken Tenders
Steamed White Rice w/ Gravy
Organic Mixed Veggies
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

FULL DAY ONLY ATTEND

13

Beef Sloppy Joes
Macaroni & Cheese
Organic Sweet Peas
Organic Seasonal Fresh Fruit
V: Veggie "Meat" Sloppy Joe

FULL DAY ONLY ATTEND

14

BBQ Baked Chicken Legs
Potatoes Au Gratin
Organic California Veggie Blend
Organic Seasonal Fresh Fruit
V: Cheesy Broccoli & Rice Casserole

FULL DAY ONLY ATTEND

15

Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

18

Parmesan Crusted Tilapia over Steamed White Rice
Organic Sweet Peas
Toasted Pita Bread
Organic Seasonal Fresh Fruit
V: Grilled Cheese

19

Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli
Organic Corn
Wheat Roll
Organic Seasonal Fresh Fruit
V: Bow Tie Pasta w/ Veggie "Chicken"

20

Ground Beef Soft Taco w/ Monterrey Jack Cheese
Spanish Rice
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Roll Up

21

Grilled Turkey & Cheddar Melt
Oven Roasted Red Potatoes
Organic Mixed Veggies
Organic Seasonal Fresh Fruit
V: Grilled Cheese

22

Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

25

Oven Baked Chicken Tenders
Macaroni & Cheese
Organic Sweet Peas
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

26

Beef Cheeseburger on a Whole Wheat Bun
French Fries
Organic California Veggie Blend
Organic Seasonal Fresh Fruit
V: Veggie Burger

27

Fettucine Pasta with Grilled Chicken in a Creamy Alfredo Sauce
Organic Oven Roasted Baby Carrots
Wheat Roll
Organic Seasonal Fresh Fruit
V: Fettucine Alfredo

28

Breakfast for Lunch!

Buttermilk Pancakes w/ Jelly
Hash Browns w/ Organic Diced Bell Peppers
Turkey Sausage
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

29

Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: 206250

NEW ALTERNATIVE MENU

Each day your child will get a choice between two alternative entrées.
Either A: **Grilled Cheese** or B: **Toasted Turkey & Cheese Sandwich**.

These alternative items will replace the entrée for the day; all sides will remain the same.

***Organic vegetables & fruit are subject to change due to quality, freshness, and availability. All substitutes will remain organic

