

# SEPTEMBER 2018

## MONTESSORI HOUSE

Lunches Provided By:  
 Roadrunner Foods  
 (p) 281-565-7902  
 (f) 281-565-7904  
 RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday

**LABOR DAY**

**SCHOOL CLOSED**

3

4

5

6

7

Oven Baked Chicken Tenders  
 Macaroni & Cheese  
 Organic Green Beans  
 Organic Seasonal Fresh Fruit

V: Veggie Nuggets

Parmesan Crusted Tilapia over Steamed  
 White Rice  
 Organic California Veggie Blend  
 Artisan Wheat Roll  
 Organic Seasonal Fresh Fruit  
 V: Grilled Cheese

Ground Turkey Soft Taco  
 Spanish Rice  
 Pinto & Black Bean Mix  
 Organic Seasonal Fresh Fruit

V: Bean & Cheese Roll-Up

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

**Breakfast for Lunch!**

10

\*\*\*NEW ITEM\*\*\*

11

12

13

14

Pancakes w/ Jelly  
 Turkey Sausage  
 Potatoes O'Brien  
 Organic Seasonal Fresh Fruit

V: Veggie "Sausage" Patty

Chicken Baked Ziti  
 Organic Sweet Peas  
 Artisan Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Baked Ziti

Cheese Burger on a Wheat Bun  
 Sweet Potato Fries  
 Organic Corn  
 Organic Seasonal Fresh Fruit

V: Veggie Burger

Red Beans & Rice w/ Turkey Sausage  
 Organic Oven Roasted Baby Carrots  
 Artisan Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Red Beans & Rice w/ Veggie "Meat"

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

17

18

\*\*\*NEW ITEM\*\*\*

19

20

21

Oven Baked Chicken Tenders  
 Potatoes Au Gratin  
 Organic Green Beans  
 Organic Seasonal Fresh Fruit

V: Veggie Nuggets

Ground Turkey Sloppy Joe  
 Shoe String Fries  
 Organic Normandy Vegetable Blend  
 Organic Seasonal Fresh Fruit

V: Veggie "Meat" Sloppy Joe

Chicken Fajita Tacos w/ Shredded  
 Monterey Jack Cheese  
 Spanish Rice  
 Refried Beans  
 Organic Seasonal Fresh Fruit  
 V: Bean & Cheese Roll-Up

V: Bean & Cheese Roll-Up

Grilled Chicken Teriyaki Fried Rice w/  
 Mixed Veggies  
 Organic Steamed Edamame  
 Artisan Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Fried Rice w/ Veggie "Chicken"

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

24

\*\*\*NEW ITEM\*\*\*

25

26

27

28

\*\*\*NEW ITEM\*\*\*  
**Breakfast for Lunch!**  
 Chicken & Waffles W/ Jelly  
 Hash browns w/ Organic  
 Diced Onions & Bell Peppers  
 Organic Seasonal Fresh Fruit

V: Waffles w/ Veggie Nuggets

Beef Meatballs w/ Brown Gravy  
 over Egg Noodles  
 Organic Oven Roasted Baby Carrots  
 Artisan Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Veggie Meatballs w/ Marinara Sauce

Chicken Jambalaya  
 Organic Green Beans  
 Homemade Cornbread  
 Organic Seasonal Fresh Fruit

V: Veggie "Chicken" Jambalaya

BBQ Baked Chicken Leg  
 Loaded Mashed Potatoes  
 Organic Mixed Veggies  
 Organic Seasonal Fresh Fruit

V: Cheesy Broccoli & Rice Casserole

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

[WWW.LUNCHDIRECT.COM](http://WWW.LUNCHDIRECT.COM)

SCHOOL CODE: **206250**

\*\*\*NEW ALTERNATIVE MENU\*\*\*

Each day your child will get a choice between two alternative entrées.  
 Either **A: Grilled Cheese** or **B: Toasted Turkey & Cheese Sandwich**.

These alternative items will replace the entrée for the day; all sides will remain the same.

\*\*\*Organic vegetables & fruit are subject to change due to quality, freshness, and availability. All substitutes will remain organic.

