

Montessori House for Children School Menu July--2018

Monday	Tuesday	Wednesday	Thursday	Friday
2-Jul	3-Jul	4-Jul	5-Jul	6-Jul
Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Meatball with Penne Pasta, Fresh Green Beans and Carrots, Marinara Sauce, Fresh Cut Fruit Eggplant Parmesan	SCHOOL CLOSED	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit Black Beans Tamales	Chicken & Waffles, Roasted Red Potatoes, Broccoli, Ketchup, Fresh Cut Fruit Baked Cheese Sticks
9-Jul	10-Jul	11-Jul	12-Jul	13-Jul
Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	Turkey and Cheese Wrap, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Assorted Cheese Wrap	Classic Beef Lasagna with Grass-fed Beef, Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Vegetable Lasagna	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu, Mac & Cheese	Beef Hamburger Sliders w Cheddar, Baked Beans, Butter Corn On Cob, Fresh Cut Fruit Veggie Burger Sliders
16-Jul	17-Jul	18-Jul	19-Jul	20-Jul
Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Fresh Cut Fruit Cheese Quesadillas	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit Diced Vegetable & Black Beans with Marinara Sauce	Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili with Kidney Beans	Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
23-Jul	24-Jul	25-Jul	26-Jul	27-Jul
Grass-fed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Oven Baked Squash, Fresh Cut Fruit Eggplant Parmesan	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Grilled Tofu	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Boca Burger Slider	Grilled Turkey and Cheese Flatbread, Spanish Rice, Steamed Broccoli, Fresh Cut Fruit Grilled Veggie and Cheese Sandwich	Multi Grain Mini Corn Dogs, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit Veggie Hot Dogs
30-Jul	31-Jul	1-Aug	2-Aug	3-Aug
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu, Mac & Cheese	Turkey and Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Assorted Cheese Sandwich			