



## Montessori House for Children School Menu April--2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Apr</b>	<b>3-Apr</b>	<b>4-Apr</b>	<b>5-Apr</b>	<b>6-Apr</b>
Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit  <b>Grilled Tofu</b>	Turkey and Cheese Croissant Sandwich, Broccoli Pasta Salad, Sliced Cucumbers, Fresh Cut Fruit  <b>Assorted Cheese Croissant Sand</b>	Grass-fed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Oven Baked Squash, Fresh Cut Fruit  <b>Eggplant Parmesan</b>	Teriyaki Chicken with Broccoli and Carrots, Steamed Rice, Fresh Cut Fruit  <b>Grilled Tofu Teriyaki</b>	Breakfast Tacos: Eggs, Potato, Cheese, Pancakes, Breakfast Potato, Fresh Cut Fruit
<b>9-Apr</b>	<b>10-Apr</b>	<b>11-Apr</b>	<b>12-Apr</b>	<b>13-Apr</b>
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit  <b>Macaroni &amp; Cheese w/ Grilled Tofu</b>	Grass-fed Beef Meatloaf, Mashed Potatoes, Sautéed Green Beans & Carrots, Fresh Cut Fruit  <b>Vegetables Meatloaf</b>	Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit  <b>Grilled Tofu Pasta Alfredo Sauce</b>	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit  <b>Veggie Tamales</b>	Chicken & Waffles, Roasted Red Potatoes, Broccoli, Ketchup, Fresh Cut Fruit  <b>Baked Cheese Sticks</b>
<b>16-Apr</b>	<b>17-Apr</b>	<b>18-Apr</b>	<b>19-Apr</b>	<b>20-Apr</b>
Pasta Primavera, Baked Chicken Breast, Zucchini, Fresh Cut Fruit  <b>Grilled Tofu Pasta Primavera</b>	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit  <b>BBQ Boca Burger Slider</b>	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baguette, Fresh Cut Fruit  <b>Vegetable Sausage Rice Casserole</b>	Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit  <b>Grilled Tofu</b>	100% Beef Hot Dogs, Baked Beans, Butter Corn On Cob, Fresh Cut Fruit  <b>Veggie Dogs</b>
<b>23-Apr</b>	<b>24-Apr</b>	<b>25-Apr</b>	<b>26-Apr</b>	<b>27-Apr</b>
Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit  <b>Cheese Quesadillas</b>	Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit  <b>TVP Chili with Kidney Beans</b>	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit  <b>Diced Vegetable w/ Black Beans Sauce</b>	Grilled Turkey and Cheese Flatbread, Spanish Rice, Steamed Broccoli, Fresh Cut Fruit  <b>Grilled Veggie and Cheese Sandwich</b>	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit  <b>EXT DAY - EARLY DISMISSAL</b>
<b>30-Apr</b>	<b>1-May</b>	<b>2-May</b>	<b>3-May</b>	<b>4-May</b>
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit  <b>Macaroni &amp; Cheese w/ Grilled Tofu</b>				

**We have Vegetarian, Gluten Free, Dairy Free & No Beef options.**

**Price: Regular - \$4.25/Meal, Large - \$4.50/meal  
\*Vegetarian Option**

Online Ordering @ [www.thesimplyfreshkitchen.com](http://www.thesimplyfreshkitchen.com). Click on 'Account' in the top navigation bar and select 'Montessori House for Children Payment'. Enter the Name of the student. Select 'Class' in drop-down. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' Regular or Large. Click 'Add to Cart'. Enter billing info and 'Submit Order'.

**ALL ORDERS ARE DUE BY 3/25/2018**