



Montessori House for Children School Menu February--2018

Monday 29-Jan	Tuesday 30-Jan	Wednesday 31-Jan	Thursday 1-Feb	Friday 2-Feb
			Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit TVP, Black Beans & Marinara Sauce	Grilled Turkey and Cheese Flatbread, Spanish Rice, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Flatbread
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Grilled Tofu	Classic Beef Lasagna with Grass-fed Beef, Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Vegetable Lasagna	Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit Veggie Tamales	Chicken & Waffles, Roasted Red Potatoes, Broccoli, Ketchup, Fresh Cut Fruit Baked Cheese Sticks
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Boca Burger Slider	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	Grilled Turkey and Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich	Breakfast for Lunch: Biscuit with Eggs & Turkey Sausage Patty, Green Beans, Breakfast Potato, Fresh Cut Fruit Eggs Cheese Biscuit Sand
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
Pasta Primavera, Baked Chicken Breast, Zucchini, Fresh Cut Fruit Grilled Tofu FULL DAY STUDENTS ONLY	Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili with Kidney Beans	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baguette, Fresh Cut Fruit Vegetable Sausage Casserole	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadillas	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit EXT DAY EARLY DISMISSAL
26-Feb	27-Feb	28-Feb	1-Mar	2-Mar
Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Burrito with Cheese, Refried Beans, Enchilada Sauce, Rice and Steamed Broccoli, Fresh Cut Fruit Beans and Cheese Burrito	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu		

We have Vegetarian, Gluten Free, Dairy Free & No Beef options.

Price: Regular - \$4.25/Meal, Large - \$4.50/meal
***Vegetarian Option**

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Montessori House for Children Payment'. Enter the Name of the student. Select 'Class' in drop-down. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' Regular or Large. Click 'Add to Cart'. Enter billing info and 'Submit Order'.

ALL ORDERS ARE DUE BY 1/25/2018