



Montessori House for Children School Menu November--2017

Monday	Tuesday	Wednesday	Thursday	Friday
30-Oct	31-Oct	1-Nov	2-Nov	3-Nov
		Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Shepherd's Pie Casserole, Sourdough Bread, Oven Roasted Yellow Squash, Fresh Cut Fruit Vegetable Shepherd's Pie	Cheese Pizza, Fresh Cucumber with House Made Ranch, Fresh Cut Fruit
6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Turkey and Cheese Cubes, Crackers, Cucumber, Ranch Dressing Fresh Cut Fruit Assorted Cheese Cubes & Vegetables	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadillas	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit TVP & Black Beans in Marinara Sauce	SCHOOL CLOSED
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Meat Loaf, Mashed Potatoes, Sautéed Green Beans & Carrots, Fresh Cut Fruit Veggie Meatloaf	Pasta Primavera, Baked Chicken Breast, Zucchini, Fresh Cut Fruit Grilled Tofu	Oven Roasted Turkey, House Made Stuffing, Mashed Potato, Green Beans, Fresh Cut Fruit Tofurkey	Cheese Pizza, Fresh Cucumber with House Made Ranch, Fresh Cut Fruit EXT DAY - EARLY RELEASE
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Boca Burger Slider FULL DAY STUDENTS ONLY	Turkey and Cheese Croissant Sandwich, Broccoli Pasta Salad, Sliced Cucumbers, Fresh Cut Fruit Assorted Cheese Croissant Sandwich FULL DAY STUDENTS ONLY	Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu FULL DAY STUDENTS ONLY	SCHOOL CLOSED	SCHOOL CLOSED
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Grass-fed Beef Chili with Cheddar Cheese, Steamed Rice, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili With Kidney Beans	Breakfast Tacos: Eggs, Potato, Cheese, Pancakes, Breakfast Potato, Fresh Cut Fruit Vegetarian	Baked Chicken Breast with Mild Curry Sauce, Steamed Rice, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Grilled Turkey and Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich	

We have Vegetarian, Gluten Free, Dairy Free & No Beef options.

**Price: Regular - \$4.25/Meal, Large - \$4.50/meal
*Vegetarian Option**

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Montessori House for Children Payment'. Enter the Name of the student. Select 'Class' in drop-down. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' Regular or Large. Click 'Add to Cart'. Enter billing info and 'Submit Order'.

ALL ORDERS ARE DUE BY 10/25/2017