



Montessori House for Children School Menu September--2017

Monday 28-Aug	Tuesday 29-Aug	Wednesday 30-Aug	Thursday 31-Aug	Friday 1-Sep
				Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
SCHOOL CLOSED	Turkey and Cheese Wrap, Fresh Cucumbers with House Made Ranch Dressing, Fresh Cut Fruit Assorted Cheese and Diced Vegetables	Grass-fed Beef Sloppy Joe's with Jack Cheese, Oven Roasted Potatoes, Fresh Buttered Corn on Cob, Fresh Cut Fruit Boca Burger Sloppy Joe's	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit TVP & Black Beans in Marinara Sauce	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Meat Loaf, Mashed Potatoes, Sautéed Green Beans & Carrots, Fresh Cut Fruit Veggie Meatloaf	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadilla	Grilled Turkey and Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Boca Burger Slider	Turkey and Cheese Croissant Sandwich, Broccoli Pasta Salad, Sliced Cucumbers, Fresh Cut Fruit Assorted Cheese Croissant Sandwich	Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baked Baguette, Fresh Cut Fruit Veggie Sausage & Rice Casserole	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Grass-fed Beef Chili with Cheddar Cheese, House Made Corn Bread, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili With Kidney Beans	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Shepherd's Pie Casserole, Sourdough Bread, Oven Roasted Yellow Squash, Fresh Cut Fruit Vegetable Shepherd's Pie	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit

We have Vegetarian, Gluten Free, Dairy Free & No Beef options.

**Price: Regular - \$4.25/Meal, Large - \$4.50/meal
*Vegetarian Option**

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Montessori House for Children Payment'. Enter the Name of the student. Select 'Class' in drop-down. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' Regular or Large. Click 'Add to Cart'. Enter billing info and 'Submit Order'.