



Montessori House for Children School Menu August--2017

Monday	Tuesday	Wednesday	Thursday	Friday
31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
	Grilled Cheese and Turkey Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich	Pasta Primavera, Baked Chicken Breast, Zucchini Squash, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili With Kidney Beans	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Grilled Tofu	Oven Roasted Turkey and Cheese Cubes, Crackers, Cucumber, Ranch Dressing Fresh Cut Fruit Assorted Cheese and Diced Vegetables	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit Diced Vegetables & Black Beans in Marinara Sauce	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
14-Aug	15-Aug	16-Aug	17-Aug	18-Aug
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
21-Aug	22-Aug	23-Aug	24-Aug	25-Aug
Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Turkey and Cheese Croissant Sandwich, Broccoli Pasta Salad, Sliced Cucumbers, Fresh Cut Fruit Assorted Cheese Croissant Sandwich	Grass-fed Beef Meat Loaf, Mashed Potato, Sautéed Green Beans & Carrots, Fresh Cut Fruit Veggie Meatloaf	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadilla	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
28-Aug	29-Aug	30-Aug	31-Aug	1-Sep
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Grilled Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	Grass-fed Beef Shepherd's Pie Casserole, Sourdough Bread, Oven Roasted Yellow Squash, Fresh Cut Fruit TVP Chili With Kidney Beans	

We have Vegetarian, Gluten Free, Dairy Free & No Beef options.

**Price: Regular - \$4.25/Meal, Large - \$4.50/meal
*Vegetarian Option**

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Montessori House for Children Payment'. Enter the Name of the student. Select 'Class' in drop-down. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' Regular or Large. Click 'Add to Cart'. Enter billing info and 'Submit Order'.