



Montessori House for Children School Menu May--2017

Monday	Tuesday	Wednesday	Thursday	Friday
1-May	2-May	3-May	4-May	5-May
Turkey Meat Sauce with Penne Pasta, Fresh Green Beans, Fresh Cut Fruit Diced Veggies & Black Beans in Marinara	Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baked Baguette, Fresh Cut Fruit Veggie Sausage & Rice Casserole	Grilled Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
8-May	9-May	10-May	11-May	12-May
Pasta Primavera, Baked Chicken Breast, Zucchini, Fresh Cut Fruit Grilled Tofu	Turkey and Cheese Cubes, Whole Grain Crackers, Cucumber, Ranch Dressing Fresh Cut Fruit Diced Veggies & Assorted Cheese Cubes	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadillas	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Cheese Pizza, Fresh Cucumber with House Made Ranch, Fresh Cut Fruit
15-May	16-May	17-May	18-May	19-May
Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili	Turkey and Cheese Croissant Sandwich, Potato Salad, Sliced Cucumbers, Fresh Cut Fruit Assorted Cheese Croissant	Grass-fed Beef Meat Loaf, Mashed Potato, Sautéed Green Beans, Fresh Cut Fruit Veggie Meatloaf	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
22-May	23-May	24-May	25-May	26-May
Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Boca Burger	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast & Pasta, Fresh Baked Baguette, Fresh Cut Fruit Brocc, Cauli & Cheese Casserole	Turkey and Cheese Wrap, Cucumbers, Ranch Dressing, Fresh Cut Fruit Assorted Cheese Wrap	Cheese Pizza, Fresh Cucumber with House Made Ranch, Fresh Cut Fruit EXT DAY - EARLY DISMISSAL
29-May	30-May	31-May	1-Jun	2-Jun
SCHOOL CLOSED	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit FULL DAY STUDENTS Grilled Tofu	Grass-fed Beef Meatballs, Fusilli Pasta, Marinara Sauce, Oven Baked Squash, Fresh Cut Fruit FULL DAY STUDENTS Eggplant Parmesan		

We have Vegetarian, Gluten Free, Dairy Free & No Beef options.

***Vegetarian Option**

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Montessori House for Children Payment'. Enter the Name of the student. Select 'Class' in drop-down. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' Regular or Large. Click 'Add to Cart'. Enter billing info and 'Submit Order'.