



Montessori House for Children School Menu March--2017

Monday 27-Feb	Tuesday 28-Feb	Wednesday 1-Mar	Thursday 2-Mar	Friday 3-Mar
		Grass-fed Beef Shepherd's Pie Casserole, Sourdough Bread, Oven Roasted Yellow Squash, Fresh Cut Fruit Vegetables Shepherd's Pie Casserole	Turkey and Cheese Cubes, Whole Grain Crackers, Cucumbers, Ranch Dressing, Fresh Cut Fruit. Assorted Cheese and Vegetables	SCHOOL CLOSED
6-Mar	7-Mar	8-Mar	9-Mar	10-Mar
Grass-fed Beef Meatballs, Fusilli Pasta, Marinara Sauce, Oven Baked Squash, Fresh Cut Fruit Eggplant Parmesan	Grilled Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadillas	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Chopped Boca Burger	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
13-Mar	14-Mar	15-Mar	16-Mar	17-Mar
Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit FULL DAY ONLY Vegetarian Chili with TVP	Pasta Primavera, Baked Chicken Breast, Zucchini, Fresh Cut Fruit FULL DAY ONLY Grilled Tofu	Turkey and Cheese Croissant Sandwich, Potato Salad, Sliced Cucumbers, Fresh Cut Fruit FULL DAY ONLY Assorted Cheese Croissant	Beef Burrito with Beans and Cheese, Spanish Rice, Steamed Broccoli, Fresh Cut Fruit FULL DAY ONLY Bean & Cheese Burrito	Cheese Pizza, Fresh Cucumber and House Made Ranch Dressing, Fresh Cut Fruit FULL DAY ONLY
20-Mar	21-Mar	22-Mar	23-Mar	24-Mar
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baked Baguette, Fresh Cut Fruit Veggie Sausage	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans, Fresh Cut Fruit Diced Vegetables With Black Beans	Baked Chicken Breast with Mild Curry Sauce, Steamed Rice, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit Baked Cheese Sticks
27-Mar	28-Mar	29-Mar	30-Mar	31-Mar
Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed, Rice Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Chopped Boca Burger	Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Cheese Pizza, Fresh Cucumber and House Made Ranch Dressing, Fresh Cut Fruit EXT DAY - EARLY DISMISSAL

We have Vegetarian, Gluten Free, Dairy Free & No Beef options.

Price: Regular - \$4.25/Meal, Large - \$4.50/meal
***Vegetarian Option**

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Montessori House for Children Payment'. Enter the Name of the student. Select 'Class' in drop-down. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' Regular or Large. Click 'Add to Cart'. Enter billing info and 'Submit Order'.